

# Carers Information Day

A FREE information session for families and friends of people living with dementia in the community.



Do you care for someone living with dementia?  
Would you like to learn more about dementia and other related issues?

The SWS Dementia Education & Training for Carers program and Myrtle Cottage invite you to attend a free information session.

**Date:** Thursday 17 November 2016

**Time:** 10-30am – 12.30pm

**Location:** Myrtle Cottage - 6 Bosci Road, Ingleburn

Morning tea will be provided.

## Speakers

### **Dr Genevieve Steiner**

Complementary therapies for Dementia: The good, the bad and the unknown

Dr Genevieve Steiner is an NHMRC-ARC Dementia Research Development Fellow at the National Institute of Complementary Medicine (NICM) at Western Sydney University. Genevieve's research investigates the early detection, prevention, and treatment of cognitive decline in older age and dementia.

### **Samantha Lysaught**

'A Life Box': Life Celebrations box presentation

Samantha Lysaught, the founder of Life's Celebrations, is a celebrant who is passionate about celebrating life events. A 'Life Box' contains a photo book complete with the life story of your loved one. Samantha would like to make your loved one's life a memorable one that you, your family and friends will always cherish.

## Registration and enquiries

To register or for more information call Linda on 1800 052 222.

If you need respite or transport assistance to attend please call SWS Commonwealth Respite and Carelink Centre on 1800 052 222 (free call except from mobiles).

